

First Words:

*To the choirmaster: according to Do Not Destroy. A Miktam of David, when he fled from Saul, in the cave.*

**1 Samuel 22:1-2** - David departed from there and escaped to the cave of Adullam. And when his brothers and all his father's house heard it, they went down there to him. <sup>2</sup>And everyone who was in distress, and everyone who was in debt, and everyone who was bitter in soul, gathered to him. And he became commander over them. And there were with him about four hundred men.

A. The \_\_\_\_\_ of the Psalmist

1. He lost his \_\_\_\_\_ – **1 Samuel 18:7 & 30**

2. He lost his \_\_\_\_\_ – **1 Samuel 20:3** – One step between him and death - **1 Samuel 18:10-11, 19:10, 12, 18 - 20:1** – David flees

3. He lost his \_\_\_\_\_ – **1 Samuel 21:1-9**

4. He lost his \_\_\_\_\_ – **1 Samuel 21:10-15**

Summary – David was hunted, homeless, humiliated, hurting and hiding

B. The \_\_\_\_\_ of the Psalmist - **Psalm 57:1-5**

1. His \_\_\_\_\_ – **Psalm 57:1** - Be merciful to me, O God, be merciful to me, for in you my soul takes refuge; in the shadow of your wings I will take refuge, till the storms of destruction pass by.

2. His \_\_\_\_\_ – **Psalm 57:2** - I cry out to God Most High, to God who fulfills his purpose for me. <sup>3</sup>He will send from heaven and save me; he will put to shame him who tramples on me. Selah God will send out his steadfast love and his faithfulness!

a. In God's position – “I cry out to God Most High” - **Elohim Elyon**

b. In God's purpose – “to God who fulfills his purpose for me” - See **1 Samuel 16:1-13**

c. In God's power – “He will send from heaven and save me; he will put to shame him who tramples on me. Selah God will send out his steadfast love and his faithfulness!”

3. His \_\_\_\_\_ – **Psalm 57:4** - My soul is in the midst of lions; I lie down amid fiery beasts—the children of man, whose teeth are spears and arrows, whose tongues are sharp swords.

a. He is in a dangerous place

b. He is among dangerous people

4. His \_\_\_\_\_ – **Psalm 57:5** - Be exalted, O God, above the heavens! Let your glory be over all the earth!

a. The height of the exaltation of God – “Be exalted, O God, above the heavens!”

b. The breadth of the glorification of God – “Let your glory be over all the earth!”

C. The \_\_\_\_\_ of the Psalmist – **Psalm 57:6-11**

1. His \_\_\_\_\_ – **Psalm 57:6** - *They set a net for my steps; my soul was bowed down. They dug a pit in my way, but they have fallen into it themselves. Selah*

a. Discovered – “*They set a net for my steps; my soul was bowed down.*”

b. Delivered – “*They dug a pit in my way, but they have fallen into it themselves. Selah*”

2. His \_\_\_\_\_ - **Psalm 57:7-8** - *My heart is steadfast, O God, my heart is steadfast! I will sing and make melody! <sup>8</sup>Awake, my glory! Awake, O harp and lyre! I will awake the dawn!*

a. The Promise to God – “*My heart is steadfast, O God, my heart is steadfast! I will sing and make melody!*”

b. The Prompt to self – “<sup>8</sup>*Awake, my glory! Awake, O harp and lyre! I will awake the dawn!*”

3. His \_\_\_\_\_ - *I will give thanks to you, O Lord, among the peoples; I will sing praises to you among the nations.<sup>10</sup>For your steadfast love is great to the heavens, your faithfulness to the clouds. <sup>11</sup>Be exalted, O God, above the heavens! Let your glory be over all the earth!*

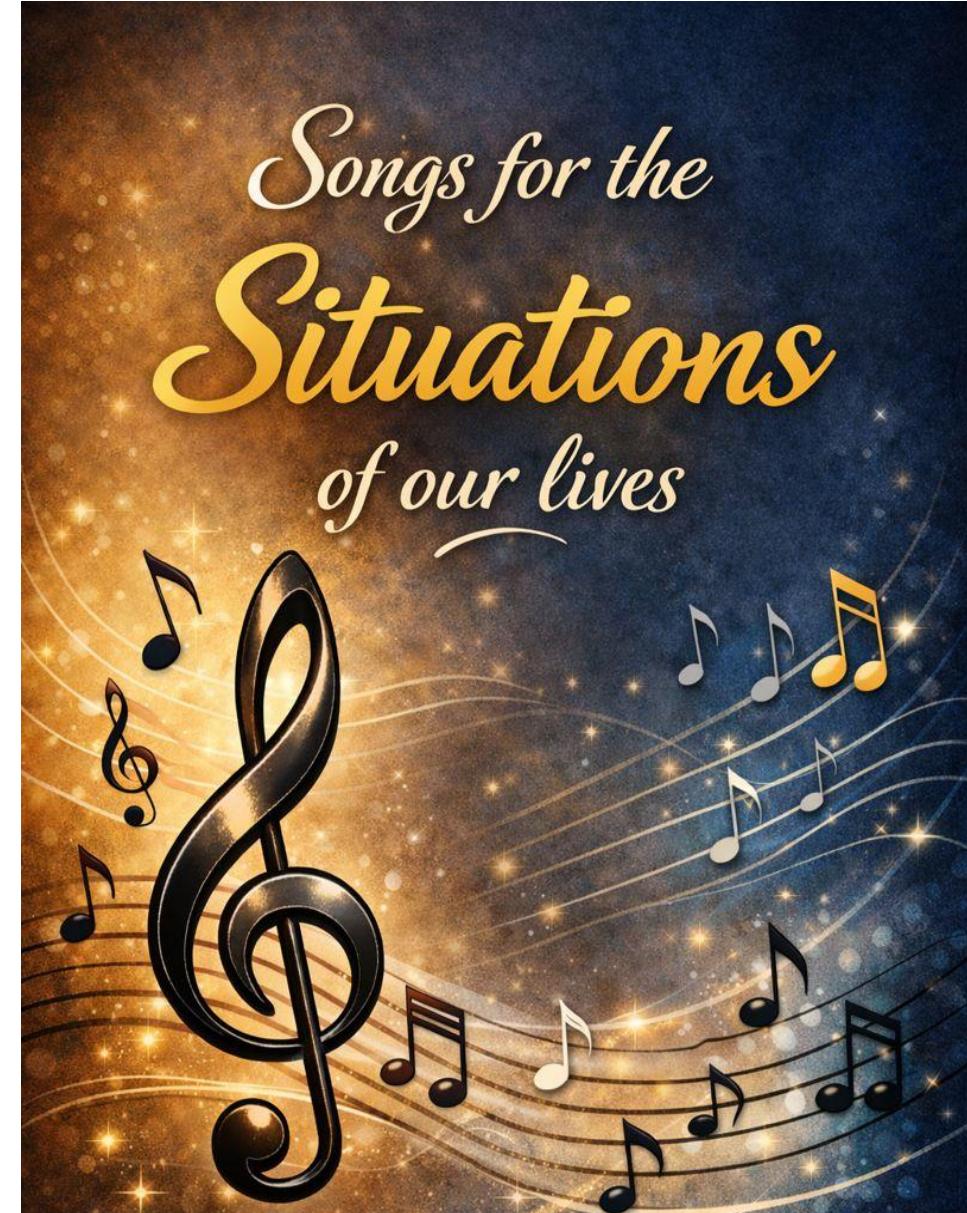
a. The who – “*I will give thanks to you, O Lord*” ... “*I will sing praises to you...*”

b. The where – “*among the peoples*” .... “*among the nations.*”

c. The why – “*For your steadfast love is great to the heavens, your faithfulness to the clouds..*”

d. The what – “<sup>11</sup>*Be exalted, O God, above the heavens! Let your glory be over all the earth!* “

So ....What's It To Me?



**Songs for the  
Situations  
of our lives**

- **How to pray when I have lost my security  
Dealing with personal adversity - Psalm 57**

Presented by Pastor Dave Watson  
At Calvary Chapel