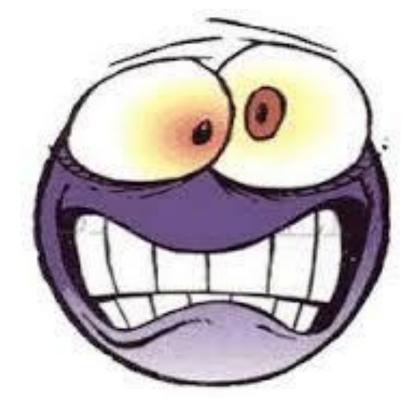
Addressing Our Stressing – Part 2 - Stressing Over the Decisions of Life - Selected 5. God doesn't withhold the from the upright – *Psalm 84:11* Opening Words: Please write down a decision you are stressing -For the LORD God is a sun and shield; the LORD bestows favor and over:____ honor. No good thing does he withhold from those who walk uprightly. How do these principles relate to this decision? Why do the decisions of life cause us so much stress? A. Because we are afraid of making a wrong decision B. By understanding how most of us make decisions 1. Through our _____ – My heart tells me B. Because we are afraid of messing up our happiness 2. Through our _____ – My wallet tells me C. Because we are afraid of what God might ask us to do 3. Through our _____ – My mind tells me D. Because we are afraid of what others may think 4. Through our _____ – Chance tells me E. Because we are afraid of missing God's will 5. Through our _____ – Signs tell me 6. Through our _____ – Everybody and everything tell me How can we manage the stress of the decisions of life? Psalm 25:14 (ESV) 7. Through our _____ – My peers tell me A. By understanding certain Biblical principles for decision-making

14 The friendship of the Lord is for those who fear My circumstances tell me 9. Through our _____ – My phobias tell me
to them his covenant.
10. Through our _____ – My wishes & dreams tell me 1. God doesn't reveal just what I need to know – him, and he makes known Deuteronomy 29:29 - The secret things belong to the LORD our God, but the things that are revealed belong to us and to our children forever, that Which if these am I using to make this decision we may do all the words of this law. 2. God has the , even when I make plans – *Proverbs 16:9* -C. By learning how not to make a decision - Joshua 9:8-16 The heart of man plans his way, but the LORD establishes his steps 1. Hearing what we wanted to ______ – Joshua 9:9-10 - They said to him, "From a very distant country your servants have come, because of 3. God wants me to choose the He can offer – *Philippians* the name of the LORD your God. For we have heard a report of him, and 1:9-11 - And it is my prayer that your love may abound more and more, all that he did in Egypt, ¹⁰ and all that he did to the two kings of the with knowledge and all discernment, ¹⁰ so that you may approve what is Amorites who were beyond the Jordan, to Sihon the king of Heshbon, and excellent, and so be pure and blameless for the day of Christ, ¹¹ filled to Og king of Bashan, who lived in Ashtaroth. with the fruit of righteousness that comes through Jesus Christ, to the glory and praise of God. 2. Relying only on our five _____ - Joshua 9:11-13 - So our elders and all the inhabitants of our country said to us, 'Take provisions in your 4. God promises to _____ me with His counsel – *Psalm 73:23-24* hand for the journey and go to meet them and say to them, "We are your - Nevertheless, I am continually with you; you hold my right hand. You servants. Come now, make a covenant with us."'..... guide me with your counsel, and afterward you will receive me to glory

¹² Here is our bread. It was still warm when we took it from our houses as our food for the journey on the day we set out to come to you, but now, behold, it is dry and crumbly. ¹³ These wineskins were new when we filled them, and behold, they have burst. And these garments and sandals of ours are worn out from the very long journey."
3. Not to God about it before the fact - <i>Joshua 9:14 - So the men took some of their provisions, but did not ask counsel from the LORD.</i>
4. Being in a to make a decision - Joshua 9:15 -16 - And Joshua made peace with them and made a covenant with them, to let them live, and the leaders of the congregation swore to them. At the end of three days after they had made a covenant with them, they heard that they were their neighbors and that they lived among them.
Are any of these factors true of me in making this decision?
D. By being spiritually prepared to make great decisions
1. Through developing a with God – <i>Hosea 6:6</i>
2. Through becoming with God's Word - Colossians 3:16
3. Through being with God's Spirit – <i>Ephesians 5:17-18</i>
4. Through on pleasing God – <i>Psalm 37:4 & 2 Cor. 5:9</i>
5. Through living by <i>Romans 14:23 & Philippians 4:6-7</i>
In what ways am I not prepared to make a great decision?
How can we make stress-less decisions of life?
A. Put the decision on paper to bring clarity
B. Put the decision before God to come to surrender –
C. Put the decision into God's Word to find guidance –
D. Put the decision through the wise to gain wisdom –





Stressing Over the Decisions of Life Presented by Pastor Dave Watson at Calvary Chapel